

SSDP Psychedelic Resources Masterlist

Spiritual Emergence/Emergency Resources

There is a lot of discussion between these types of difficult, psychedelic experiences as to whether it's an unearthing of a mental illness diagnosis such as schizophrenia, or a spiritual emergency:

- [Your Guide to Spiritual Emergencies and Psychedelics](#)
- [Center for Spiritual Emergence: Spiritual Emergence/Emergency](#)
- [Spiritual Emergency: The Understanding and Treatment of Transpersonal Crises](#)
- [Spiritual Emergency: When Personal Transformation Becomes a Crisis](#) book
- [James Fadiman](#) has extensive experience with psychedelics and has written on the subject of integration and handling difficult psychedelic experiences. His book, *The Psychedelic Explorer's Guide*, could be a valuable resource.
- [Spiritual Emergence Network](#): They provide support and resources for those undergoing spiritual emergencies, which can sometimes be linked to psychedelic experiences.
- [Katherine MacLean, PhD](#): She has done significant work in the field of psychedelics and spiritual emergence. Her perspectives on integration and handling difficult experiences might be beneficial.
- [Somatic Practitioners](#): Practitioners who specialize in trauma and somatic therapy can sometimes provide valuable support in integrating intense experiences.
- [Spiritual Emergence or Psychosis - Webinar by Psychedelics Today](#)

Indigenous Reciprocity/Decolonization

- [Chacruna Institute for Psychedelic Plant Medicines](#)
 - [Video: Honoring the Indigenous Roots of the Psychedelic Movement](#)
 - [Chacruna Indigenous Reciprocity Initiative](#)
- [The Ancestor Project](#) (formerly The Sabina Project) – BIPOC-facing resources and ethical guidelines (oops, looks like the site is down. I will look into it).
- [Indigenous Medicine Psychedelic Fund](#)
- [Indigenous Peyote Conservation Initiative](#)
- [El Puente Foundation](#)
- [National Harm Reduction Coalition Native Harm Reduction Toolkit](#)
- [California Native Harm Reduction Summit](#)

Psychedelic Safety

- [☰ Psychedelic Safety Flags V6_16.01.25](#)
- [NEST Harm Reduction](#)
- [What to Look for in a Psychedelic Guide \(article\)](#)
- [Safe Ceremonies](#)
- [10 Tips to Help You Safely Navigate a Bad Trip](#)
- [Beyond Set and Setting: Psychedelic Safety 101 \(podcast\)](#)

- [HPPD information](#)
- [8 Common Psychedelic Mistakes \(video\) by Psychedelics Today](#)
- Information on Tapering Medications:
 - [Psilocybin Blunting Effects of SSRIs and Antidepressants](#)
 - [Medication Interaction Resource](#)
 - [Psychedelics, Antidepressants, & Tapering – Spirit Pharmacist, Dr. Ben Malcolm](#)
 - [Interaction & Taper Guide: Psilocybin Mushrooms, SSRIs, and Antidepressants](#)
 - [Survivingantidepressants.org](#): Community of volunteers providing peer-support for tapering all psychiatric drugs and their withdrawal syndromes.
 - [The Spirit Pharmacist](#): Guide to antidepressant and psychedelic drug interactions.

Psychedelic Support/Integration

- [Psychedelic Crisis FAQ - Erowid Psychoactive Vaults](#)
- [A Collection of Trip Sitter Manuals and Guides - Tam Integration](#)
- [Psychedelic Preparedness Scale](#)
- [Challenging Psychedelic Experiences Project](#)
- [The discernment of psychedelic prophecies - by Jules Evans](#)
- [MAPS Integration](#): Integration resources by Multidisciplinary Association for Psychedelic Studies.
- [Fireside Project Hotline](#)
- [Psychedelic Therapy Integration Handbook](#)
- [Psychedelic Therapy Integration Masterclass](#)
- [Interactive map](#) of Psychedelic Communities, therapists, facilitators etc. across the United States from the [American Psychedelic Society](#).
- [Tam Integration](#)
- [The Central Oregon Psychedelic Society](#) organizes various integration circles, educational events, and local resources in and around Central Oregon.
- [Psychedelics in Recovery](#): Specializes in those looking to use psychedelics as an aid in substance recovery or addictive behaviors.
- [Center for Medicinal Mindfulness Psychedelic Integration Guidebook](#)

Psychedelic Therapy

- [Bendable Therapy](#): Legal psilocybin services in Bend, Oregon
- [Psychedelic Passage](#): Network of service providers across the country for psychedelic therapy programs
- [TripSitters](#)
- [Psychedelic Support](#): This network offers a directory of therapists and centers that specialize in psychedelic integration and therapy. They might be able to connect your family with someone experienced in dealing with challenging psychedelic experiences.
- [MAPS](#)
- [Retreat Guru](#)

- [Clinical Trials](#)
- [Psyche](#)
- [Oregon Health Authority's site // List of Oregon Service Centers](#)
- [NMHealth Medical Psilocybin Program](#)
- [Colorado Natural Medicine Dept. of Regulatory Agencies](#)
- Specific Diagnoses/Populations:
 - [Psychedelics & Pain Association](#): Information and research about the use of psychedelics in the context of chronic pain, as well as autoimmune and inflammation research.
 - [Heroic Hearts](#): A Path to Healing for Veterans and Their Families. Learn how psychedelic programs prevent veteran suffering and suicide.

Psychedelic Training Programs

- [Vital Psychedelic Training](#)
- [How Can I Become a Psychedelic Guide or Facilitator \(article\)](#)
- [Psychedelic Courses](#)
- [Bachelors in Psychedelic Science from CIIS](#)
- Harvard Center for the Study of World Religions: [Harvard Study of Psychedelics in Society and Culture](#) (fellowships; workshops; funding opps.)
- [Zendo Sitting and Integration Training Course](#): Use **promo code SSDPOFFICI10** to save 10%.
- [Integrative Mental Health University](#)
- [Psychedelics Today Online Courses](#)
- [Psychedelic Support Online Courses](#)
- [Psychedelic Studies Minor at Naropa University](#)
- [California Institute of Integral Studies Training Course](#)
- [Harvard Law School Psychedelic Boot Camp](#)

Psychedelic Educational Content

- [Columbia School of Social Work Video Series](#): 10-part video series including psychoeducation.
- [The Psychedelic Scientist](#): YouTube Channel for Dr. Manesh Girn, including excellent psychoeducation about the neuroscience of psychedelics and psychedelic integration.
- [The Psychedelic Scientist Blog](#): Blog with some information about psychedelic preparation and integration by Dr. Manesh Girn, psychedelic researcher.
- [PsychedelX](#)- Educational Ted Talk like videos about all facets of the Psychedelic Movement from the [Intercollegiate Psychedelic Network](#).
- [The Psychedelic Podcast](#): Podcast hosted by the ThirdWave, addresses psychedelic-related topics and interviews professionals in the psychedelic field.
- [Huberman Lab podcast](#): Podcast hosted by Andrew Huberman, Ph.D. The podcast discusses the neuroscience of psychedelics.

- [PsychedSubstance](#): Youtube channel hosted by Adam, who documents himself and others doing various psychedelics both at home and at music festivals. His videos are focused on harm reduction and safer use.
- [Before Your Trip](#): Offers education to Gen Z through social media campaigns. They are partnering with SSDP to produce more content.
- SSDP's [Just Say Know](#) Drug Education Curriculum
- <https://psychedelics.berkeley.edu/altered-states-podcast/>: Altered States Podcast on Psychedelic topics hosted by UC Berkeley

Microdosing Resources

- [The Third Wave Microdosing Guides](#): The ThirdWave provides information guides on microdosing different kinds of psychedelics and provides coaching programs for microdosing.
- [Moms on Mushrooms](#) Support group for moms that microdose or are interested in microdosing.
- [Microdosing Guide](#)
- [How To Microdose Psilocybin Mushrooms: A Complete Guide](#) (article)
- [How to Microdose Psilocybin Mushrooms: Step-by-Step Guide](#) (podcast)
- [Should You Microdose Psychedelics Without Professional Guidance?](#)
- [How To Integrate The Psychedelic Microdose Into Daily Life](#)
- [Should I Microdose or Macrodose for My Psychedelic Experience?](#)

Legal Resources

- [Psychedelic Legalization & Decriminalization Tracker](#)
- [Vicente Sederberg - Lawyer](#)
- [Sean McAllister - Lawyer](#)
- [Psychedelic Bar Association](#): An association of accomplished attorneys from all practice areas and perspectives dedicated to solving the novel legal and policy issues impacting the emerging psychedelics sector.
- [The Project on Psychedelics Law and Regulation \(POPLAR\)](#): Project led by the Petrie-Flom Center for Health Law Policy, Biotechnology, and Bioethics at Harvard Law School
- Religious Use:
 - [Guide to RFRA and Best Practices for Psychedelic Plant Medicine Churches](#)
 - (Legal research-based w/volunteers): [Sacred Knowledge: Psychedelics and Religious Experiences](#) (William A. Richards, 2015)

Psychedelic Societies

- <https://globalpsychedelic.org/locator/>: Use this resource to find psychedelic societies that are local to you.

Pre-existing Databases

- Database of businesses, organizations, people, and more in the space: <https://www.bizdelics.com/>
- Database of research, researchers, events, and more: <https://blossomanalysis.com/database/>
- Fireside Project's resource list: <https://firesideproject.org/resources/#jump4>
- MAPS resources: <https://maps.org/take-action/resources/>
- Zendo Project resources: <https://zendoproject.org/resources/>
- Chacruna Chronicles: <https://chacruna.net/chronicles/>
- Dance Safe Resources: <https://dancesafe.org/resources/>
- Service providers listing: [Psychable](#)
- Tripsitters [database](#)

Media

- [Psychedelic Alpha](#)
- [Lucid News](#)
- [Psychedelics Today](#)
- [DoubleBlind](#)
- [Tricycle Day](#)
- [Psychedelic States of America](#)
- [The Microdose](#)
- [UC Berkeley Center for the Science of Psychedelics](#)